

WHAT WILL HAPPEN IF YOU BULLY OTHERS

1. You will be counselled by your classroom teacher. You will be given the opportunity to resolve the situation and discuss the issue with the person you bullied.
2. If you persist in bullying you will be referred to the Principal for counselling and to develop a solution to the problem. Your parents will be contacted.
3. If you are found to be bullying again a consequence will be applied. This may include:
 - In-school isolation (recess and lunchtime)
 - Letter home to parents / parent interview
 - Counselling program
 - Loss of privileges
 - Suspension
4. If bullying continues your parents will be called to discuss further consequences.

Hitting, kicking and fighting are breaches of the school Code of Conduct and may involve the immediate application of consequences.

WE WILL NOT TOLERATE BULLYING AT OUR SCHOOL



TOGETHER WE CAN BREAK THE BULLYING CYCLE!

If you see or hear about others being bullied then please SPEAK UP

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ST. JAMES SCHOOL



POLICY ON BULLYING

"Treat your neighbour as you treat yourself"



St. James School aims to provide a safe, secure and caring environment for our children to grow in harmony.

Our School does not tolerate bullying and expects all members of the School Community to treat each other with respect and dignity.

OUR SCHOOL COMMUNITY

The School has a vision statement which challenges us to create a positive learning community. Each person is recognised as a unique individual bringing special qualities and gifts to share, and so we all have a right to be respected and a responsibility to respect each other.

Therefore, we do not tolerate bullying or harassment in any form. All members of our community are committed to ensuring a safe and supportive environment which promotes personal growth and fosters positive self-esteem for all. We aim to maintain a setting in which everyone feels valued and respected and where individual differences are appreciated, understood and accepted.

BULLYING IS ...

A repeated and unjustifiable behaviour:

- Intended to cause fear, distress and/or harm to another.
- May be physical, verbal or indirect/relational.
- Conducted by a more powerful individual or group.
- Against a less powerful individual who is unable to effectively resist.

TYPES OF BULLYING

	Direct	Indirect
Physical	<ul style="list-style-type: none"> • Hitting, Slapping, punching • Kicking • Pushing, Strangling • Spitting, biting • Pinching, Scratching • Throwing things, e.g. stones 	<ul style="list-style-type: none"> • Getting another person to harm someone
Non-Physical	<ul style="list-style-type: none"> • Mean and hurtful name-calling • Hurtful teasing • Demanding money or possessions • Forcing another to do home-work or commit offences such as stealing 	<ul style="list-style-type: none"> • Spreading nasty Rumours • Trying to get other students to not like someone
Non-Verbal	<ul style="list-style-type: none"> • Threatening and/or obscene gestures 	<ul style="list-style-type: none"> • Deliberate exclusion from a group or activity • Removing, hiding and/or damaging others' belongings

WHAT CAN I DO?

If it happens to me:

- Tell the student who is bullying to stop. State quite clearly that the behaviour is unwelcome and offensive.
- Ignore them and walk away.
- Seek help. Talk about it to someone you trust.
- Report it to a member of staff, a trustworthy friend or buddy. Feel confident that an incident can be solved.
- Talk it over openly with your parents – they can help you make a decision.
- Do NOT retaliate with physical or verbal abuse.
- If you are experiencing bullying on the way to and from school, tell your parents and if possible, walk home with a friend.
- Write a description of the event and place it in the class meeting box or give it to the teacher.

If it happens to someone else:

- Tell the person to stop bullying.
- Be a friend to the person being bullied.
- Encourage the person being bullied to inform someone.
- Seek help. You can decide to do something about it and help to protect others.
- Write a description of the event and place it in the class meeting box or give it to the teacher.
- Talk it over with the teacher.